Dear Clubhouse Colleagues and Friends,

2011 was a year filled with activity and accomplishments for the International Center for Clubhouse Development. We are gratified to see that more people living with mental illness, their families and caregivers are recognizing that the support and assistance offered by ICCD Clubhouses are exactly what is needed to promote real and lasting recovery.

We are pleased to report that we have made significant progress toward our vision of a world where people living with mental illness anywhere can experience the dignity, hope and opportunities found at ICCD Clubhouses. Highlights for 2011 include:

• Demand for assistance with new Clubhouse start-up groups is higher than ever before. We welcomed 22 new member Clubhouses from 9 countries to ICCD. We now have ICCD Clubhouses on 6 continents

• Our International Training and Accreditation Programs were busy around the world helping ICCD Clubhouses improve the quality of services and opportunities for their members. Last year, 42 Clubhouses achieved ICCD Accreditation

• ICCD Clubhouses were officially included in the US National Registry of Evidence-Based Programs and Practices—a major milestone in our advocacy effort, which is aimed at securing greater recognition for the ICCD Clubhouse model

• We held our 16th International Clubhouse Seminar in Stockholm Sweden: 450 people from around the world attended the seminar and joined a 1,500-person anti-stigma march through the streets of Stockholm led by Fountain House Stockholm

• ICCD Clubhouse advocates were active in social, government and mental health forums across the globe

While our staff, volunteers and many friends were busy with these projects and more, our member Clubhouses did the most important work of all: over 100,000 Clubhouse members had the chance to work alongside others and rebuild their lives through friendships, shared work, education and employment.

We appreciate your ongoing support and encouragement in helping many more people recover over the course of the coming year.

Sincerely,

Joel and Tom

Joel D. Corcoran
Executive Director

Thomas D. Manning
Board Chair
Strategic Direction: Changing the World of Mental Health

A series of discussions with ICCD Clubhouses, working committees, friends, donors, employers, staff, board members and many other constituents of the global mental health community led us to formulate a strategic road map to guide our steps for the next five years.

To achieve our five-year goals, our strategic priorities fall into six mission-critical categories:

- **Expansion**: Develop and open many more new Clubhouses—grow the number of Clubhouses to 490, serving 50,000 more members each year.
- **Research**: Increase the quantity and quality of research that demonstrates the effectiveness of the ICCD Clubhouse model for dissemination across the mental health field.
- **Accreditation**: Evolve and expand quality assurance through Clubhouse Accreditation—double the number of Accredited ICCD Clubhouses.
- **Training**: Ensure Clubhouse sustainability through ongoing training and mentoring—increase the number and scope of ICCD’s training programs to support new Clubhouse development and Clubhouse Accreditation around the world.
- **Advocacy**: Establish coordinated advocacy programs to create and sustain public support for Clubhouse funding.
- **Public Awareness**: Enhance communications that will help end the stigma surrounding mental illness and promote awareness of the efficacy of the ICCD Clubhouse model.
Five Year Strategy
Develop and open many more new Clubhouses—grow the number of Clubhouses to 490, serving 50,000 more members each year.

KEY 2011 ACCOMPLISHMENTS

Despite the challenging economic environment, ICCD Clubhouses continue to expand around the world:

- 22 new ICCD Clubhouses opened in 9 countries
- There are now ICCD Clubhouses on 6 continents

ICCD Welcomes 22 New Member Clubhouses

- Arrowhead Centre Society, British Columbia, Canada
- New World Clubhouse, Kunming, People’s Republic of China
- Fontaenehuset Bornholm, Denmark
- Fontaenehuset Frederikshavn, Frederikshavn, Denmark
- Fontaenehuset Furesoe, Vaerloese, Denmark
- Keski-Uusimaa Klubitalo, Järvenpää, Finland
- Association Cap’cites-Project Clubhouse, Paris, France
- Gibraltar Clubhouse, Gibraltar
- Clubhouse Wanath, Aichi, Japan
- Grameen Clubhouse, Sunsari, Nepal
- Blide Hoose, Orkney Islands, Scotland
- Elkhart County Clubhouse, Elkhart, Indiana, USA
- Looking Ahead, Lewiston, Maine, USA
- Charter House, Lansing, Michigan, USA
- Crossroads Clubhouse, Warren, Michigan, USA
- Shore House, Red Bank, New Jersey, USA
- PACE—Preparing Adults and Children to Excel, Jamestown, North Carolina, USA
- Dayton Clubhouse, Dayton, Ohio, USA
- Northstar, Portland, Oregon, USA
- Hidden River Clubhouse, Pottsville, Pennsylvania, USA
- Harbor House, Providence, Rhode Island, USA
- Journey House, Layton, Utah, USA
New Clubhouse Story
Paris Clubhouse: A New Beginning
by Claire Le Roy Hatala, Director

Our new Clubhouse in Paris—the first ever in France—opened in November, 2011. Thanks to the support of Clubhouse France and the efforts of an amazing team, our dream has come to fruition!

For six months, Céline, Maëlle and the first 3 Clubhouse members (Allison, Jean-Jacques and Timothée) worked every day to make the opening of the Clubhouse possible. They accomplished multiple tasks: securing funding, finding the perfect location, organizing work and translating Clubhouse documents into French. We owe many thanks to Phillippe Charrier, President of Clubhouse France, for mobilizing economic, institutional and community support.

Clubhouse Paris is located in the very heart of the city, at the end of a leafy courtyard. Walking to the Clubhouse is always a pleasure. In addition to the daily work of the Clubhouse (cooking meals, administration, job search and event planning), we also provide leisure activities at the end of the day such as fitness workshops and culinary lessons.

We currently have 30 active members and the participation of our members is highly variable. We expect to grow to 50 members by mid-2012. Our members often tell us how important it is to have a place where they feel welcome and valued. Our Clubhouse is providing hope, friendship and purpose for our members and we are confident that we will continue to grow.

Starting a Clubhouse

Building a Clubhouse community begins with people coming together and developing relationships through shared work. There are several steps along the way to make the dream a reality. ICCD leads new groups through this process. For more information on starting a Clubhouse, please contact Jack Yatsko: jyatsko@iccd.org.
Five Year Strategy
Evolv e and expand quality assurance through Clubhouse Accreditation—double the number of Accredited ICCD Clubhouses.

Accreditation Program
ICCD Accreditation is a quality assurance program designed to evaluate a Clubhouse’s success at providing a full range of recovery opportunities for their members. Accreditation visits are conducted by a trained ICCD Faculty team, comprised of one member and one staff from strong Accredited Clubhouses around the world.

ICCD Employment Guidelines
Providing robust employment opportunities for Clubhouse members is integral to the mission of ICCD. ICCD Clubhouse employment programs are some of the most successful vocational rehabilitation programs in today’s community mental health systems. ICCD Employment Guidelines help ensure that Clubhouses offer members organized, effective strategies for moving into and maintaining gainful employment. As a right of membership, Clubhouse members have access to:

• Transitional Employment
• Supported Employment
• Independent Employment

In 2011, the Faculty Employment Committee evaluated the applicability and effectiveness of the Guidelines, obtaining extensive input regarding local employment and entitlement circumstances from all ICCD Clubhouses. The result was a revision of ICCD Employment Guidelines, to ensure that they are an accessible and achievable measure for ICCD Clubhouses around the world.

The ICCD community deeply appreciates the involvement of Clubhouse employers around the world, who are helping Clubhouse members become respected members of society and reach their full potential.

For more information about ICCD’s Accreditation Program, please contact Robby Vorspan: rvorspan@iccd.org.
Clubhouse Accreditations in 2011

Congratulations to the 42 Clubhouses that achieved ICCD Accreditation!

- Alliance House, Utah, USA
- Baybridge Clubhouse, Massachusetts, USA
- Canefields Clubhouse, Queensland, Australia
- Caring and Sharing Clubhouse, Mississippi, USA
- Carriage House, Indiana, USA
- Chelton Loft, New York, USA
- Citiview Connections, New York, USA
- East New York Clubhouse, New York, USA
- Enggården, Thisted, Denmark
- Fontänhuset Trappan, Almhult, Sweden
- Fontenehuset Hønefoss, Hønefoss, Norway
- Fontenehuset i Oslo, Oslo, Norway
- Fountain House, New York, USA
- Fresh Start Clubhouse, Michigan, USA
- Frontier House, Colorado, USA
- Genesis House, Michigan, USA
- Genesis Club, Inc., Massachusetts, USA
- Green River House, Massachusetts, USA
- High Hopes Clubhouse, Maine, USA
- Hillsgrove House, Rhode Island, USA
- Independence Center, Missouri, USA
- Jackson Clubhouse, Mississippi, USA
- Mosaic House, Pennsylvania, USA
- New Reflection House, Utah, USA
- Oasis House, Pennsylvania, USA
- Open Door Clubhouse, Pennsylvania, USA
- Painting Pathways Clubhouse, Wisconsin, USA
- Passageway, Iowa, USA
- Penn Ave Clubhouse, Pennsylvania, USA
- Petoskey Club, Michigan, USA
- Pioneer Clubhouse, New South Wales, Australia
- Providence House Clubhouse, Pennsylvania, USA
- Putnam Clubhouse, California, USA
- Sixth Avenue West, North Carolina, USA
- Sunrise Club, Washington, USA
- Tempo Clubhouse, Pennsylvania, USA
- Tradewinds, Massachusetts, USA
- Traverse House, Michigan, USA
- Washington Square, Mississippi, USA
- Workabilities Clubhouse, Pennsylvania, USA

ACCREDITATION SUCCESS STORY

“The ICCD Accreditation process is extremely valuable to us in many ways. Not only does it provide Alliance House with a strategic roadmap for continued growth and self-improvement as an ICCD Training Base, we need to ‘walk the walk,’ so to speak. This shows training colleagues that this process is beneficial for every ICCD Clubhouse and that, through participation in the Accreditation process, a Clubhouse will only improve upon the opportunities they need to provide for their members.”

– Sue Hanson, Alliance House, Utah
Five Year Strategy

Ensure Clubhouse sustainability through ongoing training and mentoring — increase the number and scope of ICCD’s training programs to support new Clubhouse development and Clubhouse Accreditation around the world.

Training Programs

- **Comprehensive Clubhouse Training**—two- and three-week comprehensive “in residence” training, which allows participants to fully explore and experience all of the essential components of a strong Clubhouse program

- **Specialized Track Trainings**—one-week training sessions held at ICCD Training Bases on particular aspects of ICCD’s International Standards for Clubhouse Programs—employment, leadership, young adult programming and work-ordered day

- **Wellness Program Training**—a new and exciting addition to the ever-expanding training curriculum offered through ICCD Training Bases

- **New Clubhouse Development Workshops**—two-day sessions that deliver information and experience on the most important aspects of starting a new Clubhouse

*EMPAD Project Partners include ICCD, Helsingin Klubitalo, Finland; Fountain House Stockholm, Sweden; Clubhaus Munchen Giesing, Germany; Clubhaus Schwalbennest, Germany; Clubhouse de Waterheuvel, The Netherlands. Project Manager is Ville Gronberg (THL), National Institute for Health and Welfare, Helsinki, Finland. Participating organizations: Fundatia Estuar (Romania), Foundation UZTAI Fundazioa (Spain), Papillot (Slovenia), Zavod RUJ (Slovenia)*
Training Sites

There are currently 10 ICCD International Training Bases worldwide, which provide a range of training opportunities for existing ICCD Clubhouses, as well as for members of communities around the world seeking to start new Clubhouses.

INTERNATIONAL SEMINAR
16th International Clubhouse Seminar, July 2011, Stockholm Sweden

ICCD, along with host Clubhouse, Fountain House Stockholm, hosted the 16th International Clubhouse Seminar in July, 2011. 450 colleagues representing 86 Clubhouses from 22 countries participated in the five-day Seminar. 77 workshops were presented, which focused on both cutting-edge practices and fundamental workshops related to the ICCD Clubhouse Model.

“Being my first Seminar, my experience was one of feeling ‘a part of.’ Other than only knowing one other person, I immediately felt part of a family. Having had three brothers all suffering from mental illness, it was comforting to know that today there is a place where people can have their lives changed in a Clubhouse and shown love and dignity. Thanks so much for all you’ve done.”

— Emily Adamberry Olivero, Gibraltar Clubhouse
Five Year Strategy

Enhance communications that will help end the stigma surrounding mental illness and promote awareness of the efficacy of the ICCD Clubhouse model.

KEY 2011 ACCOMPLISHMENTS

• Sponsored “Dialogue over Dinner” in Washington, D.C. in October. Featured speakers were Nobel Laureate Eric Kandel, M.D., of Columbia University, Daniel Weinberger, M.D., of the Lieber Institute for Brain Development and Greta Griffin of Gateway House in South Carolina

• Sponsored the annual “Breakfast Briefing” fundraising event in New York in December

Public Awareness

We have continued to work closely with Clubhouse Coalitions around the world to build closer alliances. For example:

• More ICCD Clubhouses are partnering with their local Rotary Clubs to achieve greater visibility in their communities, a reduction of stigma and enhanced employment opportunities for Clubhouse members.

• ICCD hosted many group and individual meetings introducing the mission and work of ICCD and Clubhouses to new friends and organizations.

Other 2011 Public Awareness efforts include:

• National Alliance on Mental Illness: We continue to engage NAMI staff and members across the country through meetings, dialogues and invitations to participate in our educational forums

• UNAFAM leadership continues to be active in the development of Clubhouse Paris, opened in November 2011.

• Psychiatry: Initial meetings led to the organization of a subcommittee comprised of selected ICCD board members and staff and four well-regarded psychiatrists who are active in the American Psychiatric Association and the American Association of Community Psychiatrists. The committee is making progress towards its goal of helping ICCD Clubhouses develop a stronger working relationship with psychiatry on national and local levels

• Commission on the Accreditation of Rehabilitation Facilities: ICCD and CARF updated our Joint Accreditation agreement and conducted two joint accreditation visits, which was helpful to both organizations
Five Year Strategy
Establish coordinated advocacy programs to create and sustain public support for more Clubhouse funding.

KEY 2011 ACCOMPLISHMENTS
- ICCD worked closely with the U.S. Center for Medicaid and Medicare Services to help identify a table of Clubhouse activities which may be reimbursable through Medicaid—an effort that will hopefully reduce confusion by clarifying Federal regulations around Medicaid reimbursement
- ICCD Clubhouse advocates were active in social, government and mental health forums across the globe

Advocacy
As part of our continued worldwide advocacy efforts, ICCD staff or representatives presented and participated at many conferences, meetings and events throughout 2011, most notably:

- Mental Health Commission of Canada, June
- National Alliance for Mental Illness (NAMI) Convention, Chicago, Illinois, June
- U.S. Center for Medicaid and Medicare Services
- European Federation of Associations of Families of People with Mental Illness Conference, Spain, September
- Empowering Adults with Mental Illness for Learning and Social Inclusion (EMPAD), Slovenia, September
- World Congress of the World Federation for Mental Health, Cape Town, South Africa, October. ICCD and colleagues from Fountain House South Africa presented a symposium on the Clubhouse model
- The Second Summit of the Global Movement for Mental Health, Cape Town, South Africa, October
- Meeting of the United States Clubhouse Coalition, Arlington, Virginia, November
- U.S. National Clubhouse Employment Expansion Project, Washington, D.C., November
- U.S. Department of State, Office of Disability Rights, Washington, D.C., November

Anti-Stigma March, Stockholm Sweden—July 2011

At the 16th International Clubhouse Seminar, more than 1,500 people marched in the anti-stigma parade through the streets of Stockholm coordinated and led by Fountain House Stockholm
Five Year Strategy
Increase the quantity and quality of research that demonstrates the effectiveness of the ICCD Clubhouse model for dissemination across the mental health field.

Recent research demonstrates that ICCD Clubhouses:

Promote recovery:
Clubhouse members are more likely to report being in recovery and having a higher quality of life compared with a group of participants from consumer-run drop-in centers.¹

Reduce hospital stays:
Membership in a Clubhouse program resulted in a significant decrease in the number of hospitalizations.²

Help members obtain community-based employment:
Clubhouse members worked significantly longer (median of 199 days vs. 98 days) and earned more (median of $3,456 vs. $1,252 total earnings) compared with assertive community treatment (ACT) participants.³

Are cost-effective:
The cost of Clubhouses is estimated to be one-third the cost of the IPS model; about half the annual costs of Community Mental Health Centers; and substantially less than the ACT model.⁴

Improve quality of life:
Researchers in China found that, among the people diagnosed with schizophrenia, Clubhouse members showed significant improvements in their symptoms, self-esteem, quality of life and employment rates after being at the Clubhouse for 6 months.⁵


KEY 2011 ACCOMPLISHMENTS

- ICCD Clubhouses were officially included in the US National Registry of Evidence-Based Programs and Practices—a major milestone in our advocacy effort, which is aimed at securing greater recognition of the ICCD Clubhouse model
- We distributed and gathered findings from the Clubhouse Profile Questionnaire (CPQ), which was redesigned to improve information around practices, characteristics, concerns, and performance outcomes of ICCD Clubhouse programs

Research Program
There is significant research available which substantiates the effectiveness of the Clubhouse approach.

ICCD Clubhouse research efforts are coordinated and carried out by the Program for Clubhouse Research, an affiliation between ICCD and the Department of Psychiatry at The University of Massachusetts Medical School.
Member Stories

From Homelessness to Hope
by Grant Mpofu, Fountain House/South Africa

I was diagnosed with a psychiatric disability in 1998, and I was admitted to hospital. When I was discharged I found myself unemployed and without accommodation. For the next ten years I struggled to secure employment and frequently changed accommodation, living with different family members. I felt that none of my family wanted me to stay with them.

I joined Fountain House/South Africa in 2009. The main focus of the Clubhouse is to help members to eventually be on our own and have a job in the open labour market. Without the Clubhouse, I would be all alone with no one to help me succeed in life.

The work that I get involved in at the Clubhouse is very useful to help me advance in life and be included in regular day to day work, as most people are.

My life has been changing and improving ever since I found out about Fountain House/South Africa. My dream for all of us, living with mental illness, is that we can be accepted in society.

“My life has been changing and improving ever since I found out about Fountain House South Africa.”

Me, Myself and Fountain House
By Lasse Svedin, Fountain House, Stockholm Sweden

When I was on top of everything, a deep depression struck. I lost my job, family, home, and possessions. I fell into a heavy psychosis that nearly cost me my life.

I didn’t know what to do. Then someone suggested a place called “Fountain House.”

Everybody made me feel really welcome. I started helping out in the Clubhouse, doing simple tasks that I could handle. After a few months I was able to join a Swedish Clubhouse conference.

Slowly, I rebuilt my life. But, for no reason I could understand, “it” struck again and I sank into a deep psychosis. I was at the hospital for 3 months, but the staff thought that the best recovery for me would be to get back to Fountain House as soon as possible. So I slowly came back. With great effort I managed a simple Clubhouse task once a day. This is exactly what Clubhouse is all about. Everyone can work according to his/her own ability.

It’s been two years now; and it feels better again. I come to my Clubhouse almost every day.

“Clubhouse has given me a solid ground to stand on: kindness, confidence, and humanity. It has given me an identity again—and the possibility to live a good life after all.”
### 2011 Financials

The primary sources of funding for ICCD are public and private foundation grants, individual and corporate donors, annual membership dues from ICCD member Clubhouses and Accreditation fees.

### 2011 Statement of Activities (with comparative totals for 2010)

**Year ended June 30, 2011**

<table>
<thead>
<tr>
<th>Public support and revenue:</th>
<th>Fiscal Year 2011 Total</th>
<th>Fiscal Year 2010 Total</th>
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<tbody>
<tr>
<td>Contributions</td>
<td>$329,594</td>
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<td>Dues</td>
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<td>Government contracts</td>
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<td>Program service fees</td>
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<td>International seminar</td>
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<td>$916</td>
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<tr>
<td>Interest</td>
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</tbody>
</table>

**Total public support and revenue** $780,203 $2,029,512

**Expenses:**

| Program services            | $1,085,248             | $1,671,458             |

**Supporting services:**

| Management and general      | $102,240               | $77,260                |
| Fundraising                 | $151,913               | $225,115               |

**Total supporting services** $254,153 $302,375

**Total expenses** $1,339,401 $1,973,833

| Change in net assets        | $(559,198)             | $55,679                |
| Net assets, beginning of year | $1,578,291           | $1,522,612             |

**Net assets, end of year** $1,019,093 $1,578,291

### NOTES:

- ICCD, which is a wholly controlled entity of Fountain House, Inc., is exempt from federal taxes under Section 501(c)(3) of the U.S. Internal Revenue Code and from state and local taxes under comparable laws.

- A copy of the complete audited financial statements and Form 990 of ICCD is available upon written request.
Key 2011 Metrics

<table>
<thead>
<tr>
<th>Metric</th>
<th>Number</th>
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</thead>
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<tr>
<td>ICCD Member Clubhouses Worldwide</td>
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<tr>
<td>ICCD Accredited Clubhouses Worldwide</td>
<td>152</td>
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<tr>
<td>Clubhouses Trained</td>
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<tr>
<td>Clubhouses Accredited by ICCD</td>
<td>42</td>
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<tr>
<td>New ICCD Clubhouses</td>
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<tr>
<td>People Accessing Clubhouses Worldwide*</td>
<td>100,000</td>
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<tr>
<td>Total Clubhouse Funding Worldwide*</td>
<td>$140 MM</td>
</tr>
</tbody>
</table>

* Estimate
ICCD Supporters

The work of the International Center for Clubhouse Development would not be possible without the visionary leadership and generosity of the following individuals and group donors:

**Foundations & Trusts**

Francis Goelet Charitable Lead Trusts  
H. van Ameringen Foundation  
SBM Charitable Foundation  
The T. Rowe Price Program for Charitable Giving  
van Ameringen Foundation, Inc.

**Corporations & Organizations**

Alliance House  
AYZ Bookkeeping Services  
Boulder Interdisciplinary Committee on Child Custody  
Bridge House, Inc.  
Genesis House  
Liberty Centre Services, Inc.  
Magnolia Clubhouse  
Ministry of Social Affairs, Denmark  
Sunovion Pharmaceuticals, Inc.  
Sunrise Club  
The Petoskey Club  
United States District Court of Minnesota  
Vail Place  
Van Gogh’s Palette Inc./Vincent House

**Global Support Network**

The Global Support Network is a multi-year giving society with an annual commitment of five years:

**Leadership Level**  
$25,000 and above  
Anette Høegh Goelet  
and Philip Goelet

**Sustaining Level**  
$10,000-24,999  
Carolyn E. and Tom Hamilton  
Nunne and Ove Høegh

**$2,000-$9,999**  
Norma J. Arnold  
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and Lisa D’Abre  
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Ira T. and Phyllis Wender  
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Lauretta Dives  
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and Monika Pogorzelska  
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Charles Nunn  
Whitney D. and Jeanne Pidot  
James Gregory Power  
John Sloane Pyne

**In Honor of...**

ICCD acknowledges and gratefully appreciates the generous contributions made in honor of:

Joan DeVoe  
Dorothy Fissel  
Judith Rubinow Gartner  
Mark Glickman  
and Cynthia Fissel  
Anette Høegh Goelet  
Allan Guitar  
Barbara Hendrickson  
Larry and Bernice Kaplan  
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David Lehmann  
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Nicholas and Kristina Ratut  
Henry Sandlass  
Jim Schmidt
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ICCD gratefully acknowledges the generous contributions of the following individual donors:

$5,000 and above:

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Joan Geyer
Yesenia Santana
Jim and Mollie Schmidt
Theodore and Vada Stanley

$1,000- $4,999:

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Suzanne McDonnell
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Robby Vorspan Lynch
and Brian Lynch
Christopher J.
and Christina M. Madaus
Erica J. Madaus
Matthew and Heather Madaus
Thomas J. and Ciri Malamud
Thelma Malle
James M. Mandiberg
and Mariko Aratani
Megan Manning and Tim Florio
Joan Margolis
Susan Marine
Rayda Marquez
Bruce K. Marrin
Loretta McCarthy
Laura and Roy McCutchen
Mary Loux McDonnell
Colleen E. McKay
Margaretmary McNicholas
Kathleen R. Rhoads Merriam
Roxana and Gil Morgenstern
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and James Moore
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John and Thelma Newman
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Janet Ott
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Colleen Porcher
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Peggy Rothe
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Amber Rush
Anna Sackett
and Kamal Rountree
Blaise Sackett
Joanne Sackett
Mark P. and Joanne C. Salafia
Andrea Sands
Laurie Sanderson
Joshua Sayko
Andrew Schonebaum
James Schott
Ray Schwartz
Elizabeth Seidman
Dorothy and David V. Senft
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Cathleen E. Smith
Barbara A. Snowadzky
Miles Solly-Flood
Susan Solomon
Christine Limone Soracchi
Lisa M. Soucie
Augusta Sterne
Lisa Tai
Anne E. Tory
Helen Tschudi
Maria Tukeya
Harold and Pamela Ulvestad
Albert and Shirley Vorspan
Mary E. Walters
and Mark Warmbrand
James Watson
Don Weatherley
Laura C. Wells
Richard Wildau
A. Baker Woolworth, Jr.
Susan Valk Woolworth
Jack and Janece Yatsko

We apologize if your name has been accidentally omitted or listed incorrectly. Please contact Anna Sackett at 212.582.0343 for corrections.
Member Stories

A Home for the Holidays
by Patricia Bryson, Bridge House, Connecticut

When my life started to fall apart, and my symptoms of depression, anxiety, panic attacks, phobia and paranoia became crippling, my experience of holidays gradually changed from excited anticipation, into never ending wishes that they would be less painful and over as quickly as possible. As a result of my mental illness, my world had changed dramatically.

One day, I heard about a Clubhouse called Bridge House. It sounded too good to be true, but I decided to visit. As I entered the Clubhouse, I was met with a whirl of activity. After that I returned several more times and was treated with warmth and friendliness. I was asked if I wanted to participate in the planning of the upcoming holidays. I said ‘yes’ because I was so nervous I needed something to do to distract myself. I had found a clean and positive and safe place to spend my days. I threw myself into the work ordered day as often as my anxiety would allow. My panic attacks began to ease up.

“The first Thanksgiving I spent with my Clubhouse was truly a wonderful experience. I was more satisfied than I had been for several years. I felt good, happy and a ‘part of.’”

The International Clubhouse Standards assure members everywhere that there will always be a place where we know we are welcomed and expected on holidays. Now I don’t ask people what they are doing on holidays, hoping against hope that they will include me in their plans. I just tell them what my plans are.

A Place to Belong
by Victor Szabo, Potential Place, Canada

I can still recall the awesome sensation of experiencing the Clubhouse for the very first time. I remember meeting so many people who were genuine, candid and busy working away with one thing or another. Total strangers were coming up to me, expressing how wonderful Clubhouse was for them. An awareness of being accepted for who I was as an individual resonated deep into my soul.

The Clubhouse was appreciative of anything that I could contribute to help out. I thought I had nothing worthwhile left to offer anymore; the Clubhouse pointed out endless ways in which they needed my skills. Because of Clubhouse I was no longer isolating, I was part of a community that needed and appreciated my efforts.

“By contributing my efforts, the entire Clubhouse community benefited, and I would go home every day feeling a sense of accomplishment.”

Now, I can move forward in my life and go beyond Clubhouse. I not only belong to the Clubhouse Community; I now belong to the world community.
ICCD Board Members & Team

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(as of June 30, 2011)

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Thank You

We wish to acknowledge the dedication, work and support given to ICCD by our ten training base Clubhouses, Accreditation Faculty, Clubhouse Advisory Council and The Program for Clubhouse Research at UMASS Medical School.

Two individuals stepped down from ICCD’s Board of Directors this year. It is with sincere gratitude that we thank Anne Mai and Susan Sandlass for their service on our board.

ICCD is pleased to welcome four new members to the board of directors, Lorna Hyde Graev, John S. King, Hanne Juul and A. Baker Woolworth, Jr. Each bring unique experience and expertise, as well as a strong passion for our mission.

Special Acknowledgements

The international Clubhouse community remembers and honors the lives of:
Rudyard n. Propst
Anse Leroy
Jim Schmidt
Judith Rubinow Gartner

These “fire souls!” will be truly missed. With respect and sadness, we wish them farewell.